



ST. GREGORY OF NYSSA
ORTHODOX CHURCH

Orthodox Church in America (OCA), Diocese of the Midwest

We are a diverse and growing Orthodox Christian community of Central Ohio, bearing witness to the Faith through love, service, and commitment to our neighborhood and area college students.

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Parish rector:

Fr. Stephen Frase

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Attached clergy:

Deacon Paul Mitchell

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June 4th, 2023

**Great Feast of
Pentecost**



Also, commemorated on June 4th:

St. Metrophanes, first Patriarch of Constantinople (325-326). Righteous Martha and Mary, the sisters of Lazarus (1st c.). Ven. Methodius “Peshnosh”, disciple of Ven. Sergius of Rádonezh (1392). Martyrs Frontasius, Severinus, Severian, and Silanus, of Gaul (1st c.). Martyr Concordius of Spoleto (ca. 175). Hieromartyr Astius, Bishop of Dyrrachium in Macedonia (ca. 110). Venerable Father Zosima the Bishop of Babylon (6th c.).

Upcoming Schedule and Announcements

Saturday, 6/3

- 9:30 AM Memorial Divine Liturgy (The link to submit names to be offered during the Liturgy is <https://forms.gle/Ypk7UvAEwrP5kAUv6>)
- 6:00 PM Great Vespers of Pentecost

Sunday, 6/4

Great Feast of Pentecost

- 9:10 AM 3rd and 6th Hours of Prayer
- 9:30 AM Divine Liturgy followed by post-Communion prayers and coffee social
- 6:00 PM Kneeling Vespers followed by ice cream social

The following week (6-5 through 6-9) is a Fast-Free week!

Saturday, 6/10

- 4:30 PM Orthodoxy 101
- 6:00 PM Great Vespers

Sunday, 6/11

Sunday of All Saints

- 9:10 AM 3rd and 6th Hours of Prayer
- 9:30 AM Divine Liturgy followed by post-Communion prayers and coffee social

The Apostles’ Fast begins on Monday, 6/12

Tuesday, 6/13

- 6:00 PM Bookclub

Saturday, 6/17

- 6:00 PM Readers’ Vespers (*Fr. Stephen will not be in available this evening*)

Sunday, 6/18

Sunday of All Saints of North America

- 9:10 AM 3rd and 6th Hours of Prayer
- 9:30 AM Divine Liturgy followed by post-Communion prayers and coffee social
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Streaming services: The majority of services are streamed on YouTube.

To access the changeable Hymns and Scripture readings, please click [here](#).

To access the June calendar PDF, click [here](#).

To access the parish Google Calendar, click [here](#).

The May Ministry Rotations can be found [here](#).

To sign up to speak with Fr. Stephen during his *office hours* this next week, please use the following link: <https://www.signupgenius.com/go/9040848AAA82CA2FE3-frstephens66>. If no days/times listed work for your schedule, please email Fr. Stephen to make other arrangements.

Orthodoxy 101 schedule: <https://docs.google.com/document/d/1GTjxJYq7nLHgt6osIKlQhcCO93erbKorIR2MjEqUucl/edit?usp=sharing>

Registration Opens for 10th Parish Development Forum in Parma, Ohio

This forum is open to anyone in the parish. Fr. Stephen and Cathy Vrugtiz are once again on the planning committee and can answer any question people have about the event. Those interested in attending can access more information, registration, etc. with the following link,

<https://www.oca.org/news/headline-news/registration-opens-for-10th-parish-development-forum-in-parma-oh>



Next Book Club Session: “The Archbishop”: The Book Club will be reading a novel this month: “The Archbishop” by Hieromonk Tihon. In 1900 Imperial Russia Fr Paul has a crisis of faith and despair in his vocation. In his quest to find meaning and the true essence of Christianity, he finds the Archbishop, a true shepherd determined to spread a more authentic message of Christ to his followers. He also confronts the harsh realities in the world around him. This book is available for free in Kindle unlimited or for a modest purchase price as an ebook or print on Amazon. We’ll have a few copies at our bookstore and a loan copy. Contact Mary Conroy (librarian.mary@gmail.com) to reserve a copy or Bob Ambrose for more information. The Book Club meeting is scheduled for Tuesday, June 13 at 6pm. All who are interested are welcome to attend!

Childcare Help Needed: We are an Orthodox Christian family moving to the Clintonville neighborhood with a one-year-old baby boy. We are looking for a nanny who can stay with us for a year or more. We would greatly value someone with childcare experience. Russian/Ukrainian or Spanish language preferred, but not required. Pay, transportation and vacation are negotiable. If interested, please contact 612-968-7445 or morb0016@gmail.com.

The best prayer is: “Lord! Thou knowest all things. Do with me as Thou willest!”

+ St. Theophan the Recluse, From the Reading for the 13th Wednesday after Pentecost in Thoughts for Each Day of the Year: According to the Daily Church Readings from the Word of God

We are praying for:

Blessed Repose: The Newly-Departed Emil, Thomas, Anne, those martyred for the Faith, and victims of violence (especially from the war in Ukraine)..

For the Health and Well Being:

- Those currently suffering through war in Ukraine
- The ill, infirm, and suffering: Priest John, Matushka Elizabeth, Matushka Marsha, Matushka Deborah; Carol, Mary, Kalle; Atanas and the Zarkov family, Anthony, Kathy, Elaine, Michael, John, Patricia, Betty, Nadine, Robert (Bobby), Jason, Mark, Elanor, Ben, Kathy, Alberta, Elexis
- Those families who are with child: Alexandra and John, Alyssa and Billy, as well as Natalie and Andrew
- The newborn Rebekah Kolev and her parents - Katherine and Petar
- Catechumens of our parish (Ameld, Benjamin, Amara, Gideon, Autumn, Thomas, and Suzanne, as well as Emily, Patrick, Theodore, Ada, Penelope, and Mariella, Jonathan, Austin, and Tyler)

* All names listed above are remembered in the prayers offered before the start of the Divine Liturgy.

Many Years to: Nina Sudnick (6/4), Meredith Nash (6/6), and Tammy Schultz (6/9), celebrating their birthdays this week!

* Please inform Kristen Mayberry (kristen.harman@gmail.com) of any missing birthdays / anniversaries or if any of the dates are incorrect. Thank you!

Commemorated Today: The Great Feast of Pentecost

The following is from the Orthodox Church in America (OCA) website:

In the Church's annual liturgical cycle, Pentecost is "the last and great day." It is the celebration by the Church of the coming of the Holy Spirit as the end—the achievement and fulfillment—of the entire history of salvation. For the same reason, however, it is also the celebration of the beginning: it is the "birthday" of the Church as the presence among us of the Holy Spirit, of the new life in Christ, of grace, knowledge, adoption to God and holiness.

This double meaning and double joy is revealed to us, first of all, in the very name of the feast. Pentecost in Greek means fifty, and in the sacred biblical symbolism of numbers, the number fifty symbolizes both the fulness of time and that which is beyond time: the Kingdom of God itself. It symbolizes the fulness of time by its first component: 49, which is the fulness of seven (7 x 7): the number of time. And, it symbolizes that which is beyond time by its second component: 49 + 1, this one being the new day, the "day without evening" of God's eternal Kingdom. With the descent of the Holy Spirit upon Christ's disciples, the time of salvation, the Divine work of redemption has been completed, the fulness revealed, all gifts bestowed: it belongs to us now to "appropriate" these gifts, to be that which we have become in Christ: participants and citizens of His Kingdom.

Policies, Procedures, and Parish Life

General Parish Concerns can be brought to Fr. Stephen, Lay Vice-Chair – Barbara Gossman, as well as any other parish council member for discussion during council meetings. Council does not address issues of concern via email due to privacy issues, sensitivity of topics, and the potential for misunderstanding.

Items for the Parish Bulletin: Please submit announcements for the bulletin to Kristin Mayberry at kristen.harman@gmail.com (copy Fr. Stephen as well) by 6:00 PM each Wednesday. Bulletin submissions may be revised when necessity arises. In the email subject line, include: **For the bulletin on (insert date) - (Include a brief description of the announcement).**

Outreach Program: Meals are handed out from the Annex on Saturdays from 11:00 AM-12:00 PM and Sundays from 11:00-12:30 PM. A food pantry is also open whenever meals are taking place. Please contact Debbie Seeds with questions. Volunteers can sign up to serve [here](#).

Charitable Giving: Our charities fund supports needs in the parish, the community, and throughout the Church – both nationally and abroad. Please contact Barbara Gossman.

Do you know of someone who is sick, hospitalized or a shut-in? Please let Fr. Stephen know!

The Prayer Group offers prayer for those in need. Submit requests to Connie Wargo.

St. Elizabeth Group sends cards to parishioners and others who are seriously ill, hospitalized, or unable to leave the home. Please contact Kathy Johnson for information.

Youth Ministry and Christian Youth Education: Please refer questions and interest in becoming involved in these ministries to Joseph Mann and Cylas Conway.

College Students: We encourage you to make St. Gregory's your spiritual home away from home. Please contact OSU's Orthodox Christian Fellowship (OCF) spiritual advisor, Fr. Stephen.

Orthodoxy 101 sessions are led by Fr. Stephen. Sessions are ideal for those inquiring about Orthodoxy, new to the parish, as well as anyone who enjoys learning more about their faith! The current schedule can be found [here](#).

The Parish Choir: If interested in participating, please contact Kathy Johnson.

Confessions: Fr. Stephen hears confessions after Saturday Vespers or by appointment.

Parish Library and Bookstore: The small upstairs library is open for self-service at any time the church is open. Fill out the card with your name, email, and a date a month in the future and leave the card in the small box. A librarian is usually available to help in the upper room until noon on Sundays. For access to the main library in the Education Building, or bookmobile service, please contact Caren Stayer at 614-657-6259. The online library catalog is at: <https://cloud.collectorz.com/25424/>. The bookstore has Orthodox books and religious items in the Upper Room and is open after church services. For bookstore help or orders, please contact Mary Conroy at mobile 614-441-5794.

Memorial Prayers: Can be offered one Saturday a month at 5:40 PM prior to the start of Vespers (unless there is a Memorial Liturgy offered that month). If there is an annual anniversary or 40th day Memorial requested, then a Google form will be shared to allow others to request prayers for the departed as well.
